

## METROS HOCKEY

# Both Metros teams qualify for state

### JOURNAL STAFF

LINCOLN | Both the varsity and junior varsity Sioux City Metros have qualified for the Midwest High School Hockey League Tournament.

Sioux City's varsity, which has a 14-12-1-1 record following 9-4 and 4-3 weekend wins at Lincoln, is seeded sixth going into a 2 p.m. first-round game against third-seeded Dubuque (15-12-1) Friday at the Ames/ISU Arena. The Metros JV (9-13-6) is seeded eighth heading into a 5:15 p.m. first-round game on March 4 against top-seeded Kansas City (22-1-5) during the Junior Varsity Year-End Tournament, which will be contested at the same site.

The varsity Metros have won five of their last seven games. Saturday at Ice Box Arena in Lincoln, MSHSL All-Star forward Tanner Frerichs recorded his first hat trick of the season, contributing three goals and two assists.

It's the second straight season of 29 assists for Frerichs, whose second-place total of 48 points also includes 19 goals.



Beller



Frerichs

Frerichs assisted on both of Sklyer Beller's two first-period goals. Frerichs also recorded two second-period goals and added a third-period goal.

Beller (31 goals, 25 assists), a forward on the All-West Division team, also recorded three assists, two to Frerichs. Frerichs and All-West Division defenseman Jarret Heyl, assisted on James Page's first-period goal that gave the Metros a 3-1 lead.

Lincoln pulled within 3-2 on the first of Kane Kontor's four goals at the 1:49 mark of the second period. Frerichs and Sam Holzrichter combined for three straight goals in a span of 6.5 minutes to increase Sioux City's lead to 6-2, but the Junior Stars pulled within 6-5 on Devin Benson's goal with 5:02 left until the second

intermission.

Two minutes later Logan Visser scored a goal for Sioux City, which also got third-period goals from Frerichs and Cameron Kramer. Harsma had four assists in the win while goaltender Ben Morehead had 39 saves.

Beller's shootout goal gave Sioux City Sunday morning's win. Harsma scored in the first period while second-period goals from Kramer and Beller produced a 3-2 lead, but Lincoln sent the game into overtime on Brogan Collins' third-period goal.

Goaltender Carter Manthorne combined for 38 saves in regulation and in overtime, then made three saves in the shootout.

Holzrichter's unassisted third-period power play goal helped the Metros' junior varsity end a six-game losing streak with Saturday night's 1-0 victory. Blake Beller registered 27 saves in the shutout.

Sunday morning, Brady Glissman and Walter Werden scored goals for the JV Metros in a 2-1 victory. Beller had 23 saves.